



TRI-CITIES
*Cancer
Center*

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October 4, 2011

MEDIA RELEASE

FOR IMMEDIATE RELEASE:

TRYING TO KICK THE TOBACCO HABIT?

Kennewick, WA – The Tri-Cities Cancer Center will offer a tobacco cessation workshop on Thursday, October 13, 2011 from 4:00 p.m. to 5:30 p.m. in the Center's Wellness Center.

This program is free of charge and will help participants recognize triggers for their tobacco use and identify ways to avoid or overcome them. Open discussions about withdrawal symptoms and the use of nicotine replacement therapy are also part of the program. For those interested, information and demonstrations of the new "e-cigarette" are available as well as a limited supplies of no cost nicotine replacement patches for first-time participants.

To reserve a seat at the next class, schedule a presentation at your place of business, or for more information please call us at (509) 737-3427. The Tri-Cities Cancer Center is located at 7350 W. Deschutes Ave., Kennewick.

The Tri-Cities Cancer Center is able to offer the monthly Tobacco Cessation classes, at no cost, thanks to a generous contribution **from Washington River Protection Solutions**. Donations to the Tri-Cities Cancer Center Foundation stay local and are used to provide valuable non-reimbursed cancer programs and services for patients, their families and the community.

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